

Hello,

This workbook is designed to help you be more financially sound, to get a better overview of your life ideas, identify them, and filter the thousands of options in the financial marketplace.

Below you will find a few basic areas that should cover any ideas and ideas you may have for the future. The areas and questions are for you to think about. They are meant to spark debate amongst your self, or between partners. It should be fun, some daydreaming, but also a realistic look at what lies ahead for the individual or family. There is no right or wrong answer.

It's also okay if people don't agree on something. In that case, write down the two differing answers in each area at the beginning.

A similar workbook can create many "aha moments." Often you will surprise yourself. Some areas we won't know the answer to, and that's okay too.

When thinking about your goals, please use the **S.M.A.R.T. method**.

S.M.A.R.T. TARGETS

S - Specific (your goal is meaningful, direct and detailed)

M - Measurable (we are able to quantify and measure your goal over time)

A - Attainable (Your goal is realistic, we can find a way and resources to achieve it)

R - Relevant (your goals are consistent with your life attitudes, vision)

T - Time Based (your goals have a clear deadline by which they must be achieved)

On behalf of the entire **TheoryofMoney** team, we wish you many joyful ideas.
The future "I" will thank you later.

Housing

How should your future home ideally look like? Be specific.

Please describe the area if applicable and the price you could get it for?

How would you like to finance the new property? How much would you like to use from your own resources?



Family and kids

Would you like to support your children in the future? In what way? Would you be able to specify a specific amount?

Are you planning another child in the future? What should the ideal maternity leave look like? Early return to work or 2-3 years on maternity leave? How would you like it? (Big effect on cash flow)



Pension

At what age would you like to **HAVE the OPTION** of not working.

What activities would you like to do during your pension?

Can you estimate how much money you will need per month to do this in today's money value?

Future

Can you think of any other goals and plans that require larger sums? Typically it's a car replacement in a few years, a vacation, a cottage, etc.



Investing

What kind of percentage profit do you expect from your money? How should your investments ideally perform?

What types of assets would make sense for me to invest in? Why?

Can I imagine investing 3-4 hours a day managing my investment portfolio? Do I enjoy the idea or I don't know what to do?



Income protection

It talks about your current standard of living and how to maintain it in unexpected moments. Every company has a risk plan. Think of yourself as an s.r.o. company.

What risks do you perceive that could threaten your standard of living?

How can you influence them, so they won't happen ?



Income protection

Who has the main income in the household? In the event of a 50% drop in his/her income - what steps would follow? How would you cope with the situation?

How big a reserve would you like to have in your account to give you a sense of peace of mind and confidence that if something happens, you will be able to live your life as before.

In the event of health problems (death, disability, ...) For how long would you like your standard of living to be guaranteed? Your standard of living currently represents your expenses plus the plans you are making.

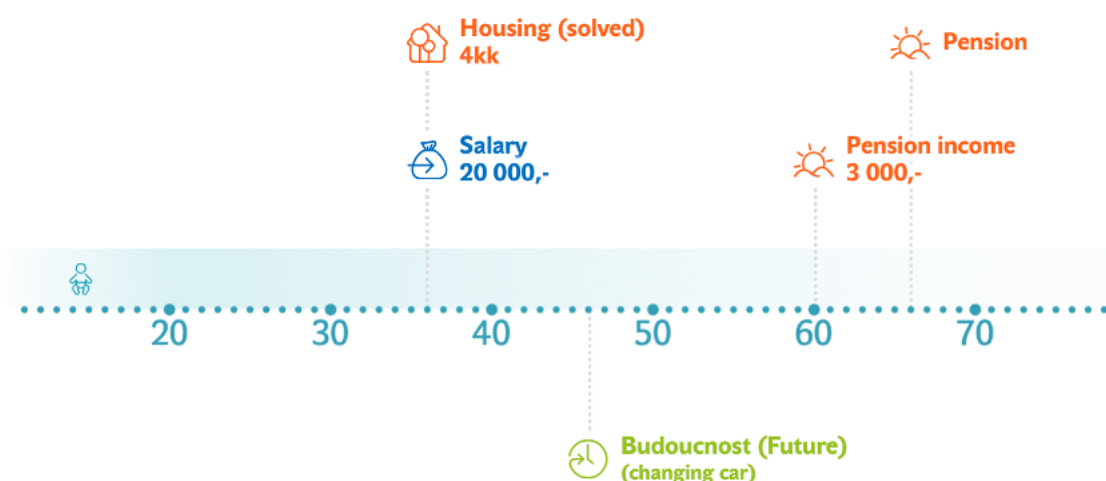
**Don't think about being able to cut spending, you always can.
Think about how to keep it up and still meet the goals you described above.**

Exercises / Tools: time axis:

Plot each goal on a timeline (pencil and paper will do).

It is known that humans function mainly visually. It gives you a perspective on the situation, more insight and it'll help you make a plan.

It may look something like the picture below, which we created together...



- | | | | | |
|--|---|--|--|---|
|  První výplata |  Ochrana příjmů |  Děti |  Bydlení |  Volné prostředky |
|  Poslední výplata |  Spotřeba rezerv |  Důchod |  Budoucnost |  Zabezpečení majetku |

